



## **BECOME A MINDOLOGY FITNESS ADULTS TRAINER**

Hello!

Thank you for your interest in becoming a Mindology Fitness Trainer (MFT). As a Mindology Fitness Trainer (MFT) you will become a member of a powerful and supportive tribe of men and women committed to global transformation.

Please read through this document before registration. Once you have read the information necessary for you to make a powerful decision pertaining to your possible trainer participation, please set up a call time that works for you. This will be your initial screening. Thank you again for your interest in becoming a Mindology Fitness Trainer.

Stay  
Great!

Dr. Troy  
Founder of Mindology Fitness

## **Is starting a Mindology Fitness business right for you?**

Mindology Fitness offers global opportunities for individuals interested in providing fun, effective and affordable mind care for others. Mindology Fitness (MF) is a program that is specifically designed to be emotionally engaging and energetically impactful for our participants. While participating in the program, participants are given the tools they need to emotionally self-regulate and to ensure their peace of mind is in their hands at all times.

The majority of Mindology Fitness Trainers are members who are committed to expanding their skills by adding quality programs such as Mindology Fitness to their regimen.

## **Who can become a Mindology Fitness Trainer?**

In order to qualify to become a MFT you must meet ONE of the following 3 criteria:

1. Anyone who has completed a minimum of "3" Mindology Fitness Classes
2. You completed a minimum of 2 years of accredited psychological studies
3. You are a certified life coach, meditation or yoga instructor

Special consideration given to those who are participants or graduates of the following programs and institutions: Agape Spiritual Center Practitioners, Pacifica Graduate Institute, Landmark Introduction Leadership Program, Landmark Team Leadership Program, University of Santa Monica, HeartMath Institute, Rythmia Attendee, Assistant or Plant Medicine Student.

## **Do you admit members outside the US?**

Absolutely! Mindology Fitness is a global organization.

### **How much does it cost to complete a Mindology Fitness Training class?**

The tuition for this training is \$1,500.00 USD. The yearly licensing fee is \$150.00 USD

### **What about additional training?**

Monthly support calls and trainings are included in the price of your annual membership. There will however be quarterly retreats and annual retreats for a fee that will include introductions to new programs, training workshops on current programs, guest speakers and more.

### **What are the total expenses start-up expenses involved in becoming a Mindology Fitness Trainer?**

Tuition \$1,500.00 USD

Fitness Trainer Insurance (mandatory) \$129.00 USD per year

### **What are my next steps?**

Please book your initial screening call on the “Become a Trainer” page on our website <https://www.mindologyfitness.com/become-a-trainer>

Final steps if you are approved to participate in the course is to pay your tuition and obtain fitness trainer insurance, one option is <https://www.insurancecanopy.com/checkout#!/>

Thank you for considering Mindology Fitness as a possible pathway to fulfilling your commitment to make a difference for others - all while making a fantastic living for yourself!

GodSpeed!